Cholemic Nephropathy

Abbas Etminan







نفروتوکسینها و کلیه Kidney and Nephrotoxins

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Cholemic Nephropathy as Cause of Acute and Chronic Kidney Disease. Update on an Under-Diagnosed Disease

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Cholemic Nephropathy Reloaded

Article

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Review

Cholemic nephropathy – Historical notes and novel perspectives

Elisabeth Krones ^a, Marion J. Pollheimer ^b, Alexander R. Rosenkranz ^c, Peter Fickert ^a pprox \boxtimes

REVIEW

Bile cast nephropathy: when the kidneys turn yellow

Alissar El Chediak¹⁺, Khaled Janom²⁺ and Sahar H. Koubar^{3*}

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Cholemic Nephropathy

The Cause of acute kidney injury (AKI) in patients with severe hyperbilirubinemia (sHyb) and jaundice

First described in 1899 by Quincke and Nothnagel in patients with jaundice, kidney injury and evidence of bile casts in their kidney biopsies



Cholemic Nephrosis

"Bile or Biliary nephrosis" "Jaundice related nephropathy" "Bile acid nephropathy" "Bile cast Nephropathy" Synonyms

Cholemic nephropathy

In patients with hyperbilirubinemia caused by:

Obstructive jaundice

Malignancy

Drug-induced liver injury

Acute hepatitis

Advanced liver diseases such as decompensated cirrhosis or end stage liver disease





Cholemic nephropathy

Acute kidney injury developing in cholemic nephropathy is secondary to sHyb; its early recognition may lead to improved diagnosis, management and enhanced outcome of renal function

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sHyb: Sever Hyperbilirubinemia



• Hepatocytes in <u>cholestasis</u> (e.g. biliary obstruction) limit increased hepatocellular levels of <u>bile acids</u> via upregulation of basolateral adaptive transporters (Mrp3, Mrp4, OST α/β) facilitating their alternative <u>renal</u> <u>elimination</u> via <u>glomerular filtration</u>, transporter mediated active tubular secretion (Mrp2, Mrp3, Mrp4) and reduced tubular bile acid re-uptake via reduced expression of ASBT

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Review

Cholemic nephropathy – Historical notes and novel perspectives

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 CN in common bile duct ligated (CBDL) mice starts at the level of collecting ducts with injury to aquaporin 2 (AQP2)-positive tubular epithelial cells and basement membrane disintegrity leading to leaky collecting ducts



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• (2) Tubules cell injury and cast formation increase pressure within the tubular part of the nephron with dilatation and tubulointerstitial nephritis



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- (3) Progressive tubular dilatation and interstitial nephritis trigger interstitial fibrosis
- (adapted from Fickert et al)



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Direct toxicity of cholephiles

Bile casts formation in nephrons: Prolonged exposure to severe hyperbilirubinemia ≥20 mg/dL (sHyb), enhances bile casts formation and direct kidney injury, especially in presence of bile casts promoting factors (BCPFs) such as metabolic acidosis and hypoalbuminemia

Tubular obstruction

Interstitial nephritis

Hemodynamic changes induced by portal and systemic endotoxemia









Figure 1. Schematic description of features characterizing cholemic nephropathy: renal tubular, interstitial and epithelial damage with bile casts formation, direct tubular toxicity damage, bile interstitial nephropathy, bile casts formation and direct kidney injury, oxidative stress, direct renal epithelial cells apoptosis and necrosis, reduced production of nitric oxide; tubular toxicity with tubular cells necrosis and exfoliation, interstitial nephritis, impaired M2 macrophages most involved in wound healing and fibrosis.

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نفروتوکسینها و کلیه Kidney and Nephrotoxins DAMPs: Damage-associated molecular patterns PAMPs: Pathogen-associated molecular patterns

Histologic changes

- Glomerular congestion
- Proximal and distal tubule vacuolization and necrosis
- Interstitial edema and cellular infiltration
- In some cases, profound biliary pigment and casts in the kidneys Tubular epithelial injury
- Basement membrane defects leading to leaky tubules

نفروتوكسينها

- Obstruction of collecting ducts due to sloughed cells and bile casts
- Damage to Aqaporin-2 channels

Histologic changes

(A) <u>Hematoxylin</u> & <u>eosin</u> stain shows dark-red to brownish casts within the distal tubules (arrows) of the renal medulla in a patient with end-stage liver disease. (B) Periodic-acid Schiff (PAS) stain shows PAS-positive (dark red colored) tubular protein casts (arrows)





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Histologic changes

Postmortem kidney histology in a patient with CN. Periodic acid-Schiff (PAS)-stained section showing granular (partially PASpositive) intratubular casts with cellular debris in the tubulus lumina (as highlighted by arrows).Note also a mixed-cell inflammatory infiltrate in the tubulus lumina and the interstitium









Bile casts in urine

Biliary nephropathy in kidney biopsy

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Renal biopsy is not easily performed in patients with liver disease due to impaired coagulation

Causes of sHyb

obstructive jaundice, malignancy drug-induced liver injury, acute hepatitis, ACLF, hematologic diseases, Liver Tx rejection, ESLD/listingESLD with high MELD score, Sepsis, MOF

Markers of cholestasis+ u/bile casts evaluation

bilirubin >5 times alkaline phosphatase >3 times bilirubin and urobilinogen in urine Urine bile casts

> Mandatory eAKI diagnosis (KDIGO- and EASL-GL) dd-HRS, reduce transition to CKD, duration and severity of AKI, patient mortality

eAKI-CN/AKI recovery /eAKI on CKD

> +/- BCPF+/- RFKD+/sHyb Bile casts in urine CN on kidney biopsy

New AKI episodes, severity and duration /AKI progression to CKD: Interstitial fibrosis vs regeneration Increased 1-year mortality

> Unknown transition of CN to CKD

SOFA score and ACLF syndrome including sHyb and creatine scores characterize severe degree of multiorgan dysfunction MOF/sepsis

Cholemic

Nephropathy

impaired M2 macrophages in CN renal biopsies evolution to fibrosis

Figure 2. Cholemic nephropathy, AKI and CKD: Diagnosis of AKI related to CN and potential evolution of CN to CKD. Abbreviations: ACLF: Acute-on-Chronic Liver Failure; AKI: acute kidney injury; BCPF: bile cast promoting factors; CKD: chronic kidney disease; CN: cholemic nephropathy; dd-HRS: differential diagnosis with hepato-renal syndrome; eAKI: early AKI diagnosis; EASL: European Association for the Study of the Liver; ESLD: end-stage liver disease; listing ESLD: patients on the waiting list for liver transplantation; GL: guidelines; KDIGO: kidney disease: improving global outcome; M2 macrophages: macrophages most involved in wound healing; MELD score: Model for End Stage Liver disease score; MOF: multiorgan failure; sHyb: severe hyperbilirubinemia (>20 mg/dL); SOFA: sequential organ failure assessment.





Causes for AKI in end-stage liver disease (ESLD) or in acute decompensated liver disease

Hypovolemia due to gastrointestinal bleeding Aggressive diuretic treatment Diarrhea Hypotensive state Infections

The differential diagnosis with hepatorenal syndrome (HRS) is mandatory









In severe cases: extracorporeal albumin dialysis (ECAD), including molecular adsorbent recirculating system (MARS) or single-pass albumin dialysis (SPAD) systems

Clinical Management of CN *Treatment*

Resolving the cause of hyperbilirubinemia

Early recognition and treatment of AKI

- The study of biomarkers of early AKI damage, such as urine neutrophil gelatinase-associated lipocalin and interleukin-1β, is also proposed
- Monitoring of renal function and evaluation of bile cast in the urine sediment

REVIEW

Bile cast nephropathy: when the kidneys turn yellow



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